

# **CARE & COMPASSION IN ACTION**

Dear Friend,

With the COVID-19 pandemic still impacting everyday life, we hope you're in good spirits and healthy. We want to extend our sincerest gratitude for your continued support.

These past 18 months have significantly changed our lives and the way we conduct our business but we have never lost sight of the care and compassion we show to our residents, clients and our staff, who impact the lives of our clients each and every day. That is why this year's theme for our MCGives Fundraising Campaign and throughout 2022 is "Care & Compassion in Action".

Each and every day I experience care and compassion that impacts the lives of our clients whether it's our Residential and Reindollar Home caring for our clients 24 hours a day, our daily Day Programs including W.O.W. and SLS/ILS and our Administrative staff. As the old adage states "Together everyone Achieves More" that includes staff, corporate partners, our community and you, OUR INVESTOR. With our "TEAM" ....Care and Compassion is always in Action at Gateway Center.

Because of our staff, I have come to realize, we don't stop and recognize our truly incredible and dedicated Super Heroes often enough. In order to maintain a stable, professional staff we need to raise funds outside of our MediCal and SARC funding. Your investment helps all of us further our ability to succeed during this unprecedented health crisis. We can not do it without you! Our goal is to raise \$150,000 this holiday season through Monterey County Gives, Giving Tuesday, our Holiday Appeal and this Newsletter. With each donation we receive, we become all that much closer to our goal.

Your investment today will ensure that our Caregivers will continue to impact the lives of our clients. There are many ways to give:

- www.montereycountygives.org/gateway (Donations will be matched!)
- Contact your family and friends and let them know about the good work going on at Gateway Center and ask them to invest just a little
- Enclose a check in the self addressed envelope included in this newsletter

As Helen Keller once said "Alone we can do so little, together we can do so much more."

Happy Holidays,

Robert Freiri

Executive Director Gateway Center of Monterey County

P.S. Thank you for making a difference through your compassion and generosity.





One of the items we, the board and committee, worked on this year was a revise of our Mission Statement. What you see below started with interviews and thoughts from Residents, Clients and Staff and then a few committees narrowed the thoughts and language into what you see below. It was then circulated, discussed and final tweaks were made by members of the board and senior staff. We believe both the "shorter" mission statement and the extended statement align with our agency's goals and objectives and continues our focus on care and compassion.

#### **OUR MISSION**

At Gateway Center of Monterey County, we serve adults with Developmental Disabilities. We fully support their individual rights and choices, and empower them to live full and productive lives with dignity and independence within the community.

#### WHO WE SERVE

We serve adults with Developmental Disabilities.

### WHAT WE STRIVE TO ACHIEVE

We are successful when our participants are able to achieve meaningful, joyful, and productive lives within their communities. We strive to support each person to enable them to achieve their goals, attain independence and empowerment, with dignity

### HOW WE WORK WITH OUR PARTICIPANTS

Our services and programs are individualized and client driven to ensure a safe, stable, and nurturing environment. We consistently deliver a broad spectrum of Person Centered Services at the highest standards of care.

#### THE ROLE OF THE FAMILY AND SUPPORT CIRCLE

We maintain collaborative relationships and communication with family, friends and others in our participant's support network.

# THE ROLE OF GATEWAY CENTER IN THE COMMUNITY

Individuals with Developmental Disabilities are equal members of the greater community. In order to expand and enrich the lives of our participants, Gateway Center provides as many opportunities as possible to promote inclusion, education, and awareness to the community at large.



Monterey County Gives! Once again Gateway Center was chosen to participate in the annual Monterey County Gives! campaign. With your help we hope to raise over \$40,000! Your gift supports Gateway Center's ability to continue to provide the best teachers, staff and resources possible for our clients. Your donation strengthens our foundation, and our residents are healthier and enjoy fuller lives because of your generosity. Because of you, the residents at Gateway Center are able to live with dignity and at the highest level of functioning possible for their individual needs

We are incredibly fortunate and thankful for all of your continued support and kindness.

CENTER

# Care & Compassion In Action

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Thank you for your continued support! #MontereyCountyGives! \* November 11 - December 31, 2021

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montereycountygives.com/gateway

# A Message from the Board Chair

# SPOTLIGHT ON GATEWAY CENTER'S SPECIALTY DAY PROGRAMS

For many years Gateway Center's art facility was limited to a couple of poorly equipped, dingy "Arts and Crafts" rooms in the basement of our main center on Congress Ave. That changed a few years ago due to the hard work and dedication of Ben Flores' parents, Susan and David. They completely refurbished the rooms and spearheaded the purchase of new furniture and supplies. Since the room was redone and art teacher Ritika Kumar arrived, my Brother Paul's artistic ability, along with Gateway's art program has flourished. She is a gifted teacher and has a gentle, calming way of working with the participants that brings out the best of their work. I continue to be amazed by Paul's beautiful colors and interesting designs. Before working with Ritika, no one had a clue he had such great, hidden talent.

Paul is also thriving in his SCC (Speech and Communication Class). The class is a division of Gateway's Adult Development Day Program and consists of a group of 6 men who share challenges with autism and communication. The guys enjoy splitting their days between their classroom and going out into the community. Susan and David Flores created this in order to provide a more tailored Day program setting for their son Ben and the other ADC program participants on the spectrum.

They also turned an unused classroom into a fitness center. They had the room repainted, the floor redone and got exercise equipment donated from Monterey Peninsula College. The fitness room is used routinely and even features a Yoga program that is also taught by Ritika.

These Specialty Day Programs created by Susan and David Flores have helped our participants grow, develop new interests and have more choices.

Sincerely, Jim Landman Board Chair



Gateway client Bobby





Gateway client Ben



# A Message from the Director of Operations

Hello and Happy Holidays from all of us at Gateway Center!

The Holiday Season is in full swing here, and we are feeling especially grateful this year for our health, our loved ones, and all of the possibilities that lay ahead of us in 2022!

I am personally feeling especially grateful for each and every one of our amazing staff, consultants, volunteers, board members, family members, friends and community members who each contribute so much in helping to improve the quality of life of our individuals here at Gateway Center.

The challenges we've overcome from last year and the lingering effects of the Pandemic continue to have an impact on all of us, but we look ahead to the future, and together, strive to give our participants and residents the care and support they need to thrive.

And so, we look ahead to 2022 with optimism, gratitude and excitement! If you or someone you know is interested in becoming a part of our Gateway family, please reach out to me directly for more information at

awright@gatewaycenter.org or visit our website for opportunities to give back: www.gatewaycenter.org.

In Gratitude, Amy Wright, Director of Operations





# Q&A WITH OUR PARTICIPANTS AND RESIDENTS!

### Intermediate Care Facility Resident, Kendell:

Q:What do you love about Gateway?

A: I like just being here, and I love the people. I love visiting Bonnie. She is a really nice lady.

Q:What are your goals for the future?

A: Have more freedom and be able to go out more. I like going out in the cab, having my freedom, and visiting my friends. I wish I could do that more. I also like having pocket money to spend. I have a cab driver that will bring me Starbucks or food if I want.





# Intermediate Care Facility Resident, Evelyn:

Q: What do you love about Gateway? A: Watching T.V. (I love Lucy, Soap Operas-General Hospital). I love my boyfriend, David.

Q:What would you like to do at GWC? A: I like puzzles. I like art. I like swimming. I want David to swim with me. I keep asking him.

### Day Program Participant, Arthur:

Q: What do you love about Gateway? A: I love art, word searches, making things, painting, coloring, and exercise.

Q: What kind of exercise do you like to do? A: I like leg exercises.





Q:What do you love about Gateway? A: I love the camaraderie! The camaraderie we have is amazing, it's hard to describe. I love the clients and staff. I used to live here for 8 years before I moved to Marina.

Q:What are your goals for the future? A:Work on my books and go to college.





#### WOW Program Participants — All

#### Q:What do you love about Gateway?

A: We love the people, making new friends, and the instructors. When we feel sad, the people and emotional support makes us feel happy. Our staff really cares about us and teaches us new things like: Cooking, Acting, Languages, "word-of-the-day," art, music, virtual adventures, outside games/activities.

### Q:What are some goals for your futures?

A: We would like to sell our art on an online store or in the community. Some of us would like to learn how to drive. A few of us want to look into job opportunities in the near future. One of us wants to write a novel!

# SLS Program Participant, Dee:

#### Q:What do you love about Gateway?

A: I like being independent and able to live at home on my own. I like all of my staff, especially Angie, who helps me a lot. It's a good program and I hope people appreciate it like I do.

#### Q:What are your goals for the future?

A:To get married and be with "Love". He is in Gilroy right now, but always there for me, just like my staff.





### Eliel Torres, Gateway Center's Unsung Hero

Shout out to Lead Direct Service Professional (DSP) Eliel Torres, both for his 15 years at Gateway Center and for being recognized in September at the Nonprofit Alliance of Monterey County's Award Ceremony for being an Unsung Hero! Eliel is a dedicated and selfless leader in our Intermediate Care Facility (ICF1). He goes above and beyond, always modeling Care and Compassion to our Residents. Eliel was a Super Hero during the pandemic, always calm, able to adapt and supporting other staff, especially new hires. The Residents love him and our Staff Admire Him!

Leadership isn't always about being the loudest in the room; it's about galvanizing, inspiring, organizing, managing, and being fair but unwavering when it comes to health and safety of our residents. He quietly commands the respect of his peers and subordinates in good times and especially in challenging times. This is Eliel, our calm, quiet, determined Leader!

When asked why he has stayed with Gateway Center the past fifteen years, Eliel's response was "The Residents; watching them progress and grow is important to me. Sometimes they start an activity or project and struggle a bit, but then they get it and complete it and are successful."

He definitely Role Models the GateWAY! Congrats Eliel!!



# WE ARE PROUD TO ANNOUNCE OUR THREE NEWEST BOARD MEMBERS

In the past few months, the Gateway Center Board has had the pleasure of welcoming three new members. They are:



Brad Barbeau, entrepreneur and professor of New Business Ventures at CSUMB

Dave Tanis, father of a Gateway day program participant and a recent retiree from a long career in the tech world





Rachelle (Shelly) Hill, member of a family of long-time Gateway Car show volunteers with many years of experience in fund development

The Board is still in need of a few more members with skills and experience in the fields of Finance, Law, Developmental Disabilities and Board management and Leadership.Please contact me if you or someone you know fits any of these criteria.

— Jim Landman, Board Chair jim1348@gmail.com

# **HELLO ONLINE SHOPPERS!**



If you would like a FREE way to support Gateway Center please sign up with AmazonSmile.com and choose Gateway Center of Monterey County as the nonprofit you want to support: <u>smile.amazon.com/ch/94-2660677</u>.

# A Day in the Life of a Gateway Center Resident

This is our friend Perry "Skip" McKenzie. Skip has been a resident of Gateway Center for the past six years. Skip is also a Day Program Participant. Skip is a traveler as well. Some of the places he has been to are Disneyland, Legoland, and LasVegas. Skip mentioned that his Uncle Joe goes with him on his trips.

In addition, Skip loves music and KISS is his favorite band. Skip has seen KISS, Paul Stanley and RUSH in concert. Skip also likes the Giants and enjoyed our field trip this summer to the San Jose Giants. Skip is looking forward to his next trip to Disneyland in 2022.

What Skip likes best in Day Program is when Musician Glenn Guerrero comes out and plays music at Gateway. Skip also loves the Halloween and Christmas Parties. Skip loves walks and visiting with the administrative staff.

Skip wants to let everyone know how much he appreciates his Day Program and ICF2 Staff. "All the Staff at Gateway care about us, feed us, give us activities to do, take us on field trips and make sure we are healthy."





#### Artwork by Gateway Center Residents

A&R Plumbing Appel Insurance Agency Trust Account Carmel Valley Kiwanis Foundation Charles Schwab Chiropractic Educational Network Duncan's Appliance Service Frontstream Graniterock | M Floorcovering Leavitt Group Lopez Tax Service Marina Motorsports Inc. Pacific Grove Rotary Rock Solid|ade Scheid Vineyards Spice it Up Catering Storelli Brothers Auto Body & Glass The Brad & Rosemarie Barbeau Charitable Fund The House Detective

The Jeal Revocable Trust The Mildred Hitchcock Huff Charitable Trust The Rotary Club of Monterey The Ryan Family Trust The Wecker Group T-Mobile Tom's Gardening Service United Agencies United Way of Greater Atlanta United Way of Monterey County Wald, Ruhnke & Dost Architects, LLP Zelazkiwicz Rentals Daniel Alameda Charles Allman Matthew Scott Ambrose Mathew Anderson Mark Askew Russell Auria Michael Avila

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ludy Dillon

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This list reflects donations made from
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contact us at info@gatewaycenter.org.



























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